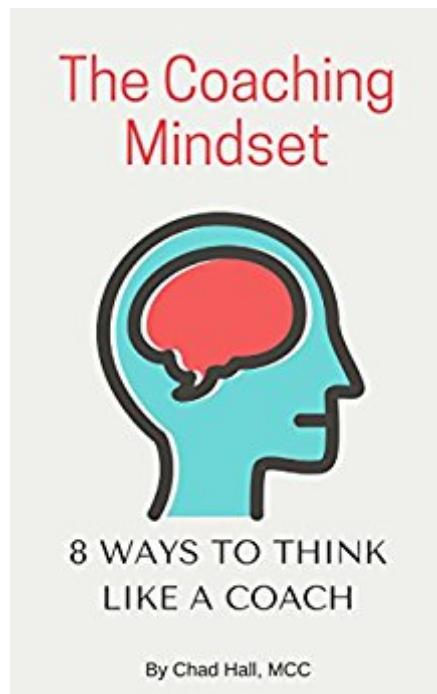


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# The Coaching Mindset: 8 Ways To Think Like A Coach



## **Synopsis**

Having trained thousands of people to coach and to use coaching skills, Chad Hall has seen the same set of obstacles prevent new coaches from becoming great coaches. The barrier is not about what they DO, but how they THINK. In this short e-book, Chad outlines 8 specific ways coaches need to think. When you think like a coach, the techniques for coaching will just come naturally and produce great results for those you work with. If you know what coaching is and you're ready to take your coaching several steps closer to mastery, this is the book for you.

## **Book Information**

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## **Customer Reviews**

Thanks for writing this. Very helpful in bite size learning and thinking as I grow in my understanding of coaching. Loved the different articles that were referred to. All was short and to the point. Would love to see how you get from empathy to objective and still know you have the heart of the client. I understand it's need but since this is my weakness would like to see more illustrations there. Plus the balcony one too. How do you do both without sounding preachy? I have been known for not

feeling enough with people before moving on or at least voicing it. But I figured I practiced the other concepts and change my thinking and focus on the person and not trying to fix it I think the others will follow. :). This paper gave me much to think on and try on as I became more aware of my thinking and changing it. I encourage others to read it as they grow to be a better coach or even thinking of becoming a coach. Thank you.

To assume that an Ebook of this small size couldn't possibly expand your coaching knowledge or enhance your coaching practice would be to miss a good read and a great learning opportunity. "The Coaching Mindset: 8 Ways To Think Like A Coach" is filled with solid content written in an engaging style that is guaranteed to make you think. New coaches wading through vast amounts of content from their coach training program will discover principles that are most helpful and needful to focus on and master first. Seasoned coaches will be challenged to reflect on how effectively they are utilizing some foundational coaching principles and gain new insight about how they could be put into practice in an even more effective way.

As someone working toward receiving a coaching credential and having taken classes with Chad Hall, I found his book to be very useful and helpful. It is not overwhelming with lists of hundreds of questions one might ask in a coaching scenario, but rather inspires a way of thinking for the coach. The book provides a coach to be (and coaches who already are) with a sense of freedom and a breath of fresh air in how to think like a coach. The book has wonderful reminders how coaches can provide the best opportunities for their clients to really grow and move forward in the areas in which the clients want to focus. A quick, entertaining, and substantial read!

I am fairly new to coaching but have read my share of books. This is a great little book that is not only a good review of the basics, but suggested some new ways for me to think about coaching. It's short enough that I read it while working at my day job, but deep enough to really stretch my thinking. I plan to put what I learned in my coaching session tomorrow! Glad I bought it!

One of the big insights I got from this book is a great coach creates a safe space for the client to express his agenda, and I think that's crucial and that's what many specialists in help relationships (therapists, coaches,...) fail to provide. Without this vital element, the help relationship goes in every possible direction but not to the heart of the issue. To make others feel safe with you requires a difficult condition: to feel first safe with yourself! Another great insight is to trust your client has the

necessary resources to resolve his issues; and again, this requires from you first to trust yourself to do it!

Very short as expected (and advertised) but brought concise points and guidelines for wannabe coaches. Its a bit predictable with the outline but has some nice ideas in between.

I purchased The Coaching Mindset:8 ways to think like a coach, earlier today. I am a very new entrepreneur and I am finding it a little difficult for me to assert myself, especially when I am asked by my peers for help. This short book was such a great read and the amount of information it contained was explained in a straight forward, direct manner. I am the type of person that needs to learn in a direct approach without all the extra details that I never end up remembering anyways. I am very pleased that I purchased this today and I will be implementing his 8 steps along my journey to becoming a better person, co-worker and hopefully mentor. Sooner than later. *Ã  The Coaching Mindset: 8 Ways to Think Like a Coach*

Provides a good orientation of how to approach coaching. Does not seem to include too much research, but is relatively in line with concepts that are well accepted.

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